

Virginia National
Guard

Contest opens: December 11, 2009
Contest closes: January 18, 2010

Contest is open to Virginia
National Guard family
members ages 7-18.
(Army and Air)

Prizes: VA National Guard
“Goodie Bag” and the opportunity
to participate in the 2010 Black
History month event in February.

Please attach the entry form
to all submissions. For

additional information please
contact:

Captain Antoinette Allen
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One Prize will be awarded by age groups:

- Ages 7-10 (Essay only)
- Ages 11-14 (Essay or Video)
- Ages 15-18 (Essay or Video)

Winners will be invited to attend the agency's
Black History month event in February where
awards will be presented. The grand prize
winner will be asked to present their entry at
the Black History month event.

The Adjutant General's Office of Equal Opportunity presents:

Martin Luther King Jr. Day Essay/Video contest



Contest Theme and Question:

*Keeping in mind the significance of Martin Luther King Jr's vision and
dream for the United States of America:*

*Children ages 7-10: Please answer the following question: If you could write
a letter to Martin Luther King Jr., what would your letter say?*

*Children ages 11-18: Please describe in your own words or visual image the
relevance of the following quotes by Dr. King: (Essay or Video)*

“We must learn to live together as brothers or perish together as fools.”

“In the end, we will remember not the words of our enemies, but the silence
of our friends.”

Submission requirements:

- All essays must be 500 words or *less typed and double-spaced.*
- All video entrants must submit one original VHS, DVD or Power-Point presentation [e.g., performance video – instrumental, vocal, spoken word, or dance; documentary film; educational video] that reflects upon the contest question.
- Essays and video will be judged on content, clarity, continuity, relationship to theme, effectiveness, and mechanics.