



# EEO REVIEW



N O V E M B E R 2 0 0 5

## *Hispanic Heritage Program October 12, 2005*

The program was opened by SGT Elizabeth Manzanares announcing the posting of the colors by Prince George HS, Army JROTC and PV2 Christian Chandler singing the National Anthem. The invocation was given by Pastor Juan Carlos Gascon of Blackstone Baptist Church followed by remarks from our Chief of Staff, COL Stephan Huxtable. SFC Ramon H. Barreto, a native of Puerto Rico, was the guest speaker. SFC Barreto enlightened us with the history of Hispanic Americans and the contributions they have made to America. The program featured entertainment from Edwin Roa and his dance partner, Amberlyn from "Partner Dancing." They gave a beautiful performance demonstrating the "Salsa and the Tango." After the program everyone enjoyed food samples provided by La Caretta Restaurant, Colonial Heights, VA and signed up for *dance lessons* with "Partner Dancing." Overall, it was a wonderful celebration of honoring the diversity in our country and the Virginia National Guard.



*Children from Ft Pickett Daycare learning the "Salsa."*



*Edwin Roa and his dance partner, Amberlyn performing the "Salsa."*

*Guest Speaker, SFC Ramon H. Barreto*



## *American Indian/Alaskan Native Heritage Month November 2005*

American Indian Heritage month was first established as a weeklong celebration in 1976 to recognize and celebrate the contributions and achievements of American Indians. On November 5, 1994, President William J. Clinton signed legislation extending the weeklong celebration to a month. During National American Indian Heritage month we celebrate our commitment to respect and preserve the rich Native American traditions and cultures. Throughout the country Americans are enlighten with Native American culture and history through the Special Emphasis programs featuring traditional native dances, POW WOWS, music, and storytelling.

The Smithsonian's National Museum of the American Indian (NMAI) is a Native place that celebrates indigenous cultures and voices from across Americas. The museum stands as a powerful symbol of the pride and vitality of our Native peoples. It showcases masterworks of great cultural, historical, and spiritual significance. It introduces generations of visitors to the strong and living traditions of Native Americans. [www.americanindian.si.edu](http://www.americanindian.si.edu)

*Our philosophies of life come from our ancestors. They taught us to live in harmony with animals, plants, the spirit world, and the world around us. —Emil Her Many Horses (Oglala Lakota), NMAI curator, 2003*



*The theme for 2005 is "Strengthening the Spirit of Our Nation."  
Please Join Us in Celebrating Native American Heritage  
November 16, 2005 at Fort Pickett Officers Club at 1030 hours.*





## *Veteran's Day* *November 11, 2005*



In 1918, on the eleventh hour of the eleventh day in the eleventh month, the world rejoiced and celebrated. After four years of bitter war, an armistice was signed. November 11, 1919 was set aside as Armistice Day in the United States to remember the sacrifices that men and women made during World War I.

Congress passed a bill introduced by a Kansas congressional representative renaming the federal holiday to Veteran's Day. In 1954, President Eisenhower signed a bill proclaiming November 11 as Veterans Day.

Americans still honor the tradition of Veterans' Day. A moment of silence is observed on the eleventh hour, of the eleventh day, in the eleventh month, giving thanks to the men and women who made sacrifices for their country.



## *Thanksgiving Day* *November 24, 2005*



Almost four centuries ago, the Pilgrims celebrated a harvest feast to thank God after suffering through the brutal winter. President George Washington proclaimed the first National Day of Thanksgiving in 1789, and President Lincoln revived the tradition during the Civil War, asking Americans to give thanks with "one heart and one voice." Since then, in times of war and in times of peace, Americans have gathered with family and friends and given thanks for our blessings.

Thanksgiving Day in America is a time to offer thanks, of family gatherings and holiday meals. A time of turkeys, stuffing, and pumpkin pie. A time for corn, holiday parades and giant balloons. Thanksgiving is also a time to share our blessings with those who are less fortunate. Many people will collect food and clothing for those in need. They will volunteer their time and help out in homeless shelters and food pantries.

*Have a Wonderful Holiday!*

### **Test Your Knowledge of Thanksgiving**

1. What year did the Pilgrims have their first Thanksgiving Feast?  
A. 1619  
B. 1620  
C. 1621
2. What food was probably NOT on the Pilgrims' Thanksgiving menu?  
A. Potatoes  
B. Corn  
C. Dries Fruit
3. The horn of Plenty, or Cornucopia, originated in what country?  
A. Holland  
B. Greece  
C. Turkey
4. Which President first established the date of Thanksgiving as a national celebration?  
A. Lincoln  
B. Jefferson  
C. Wilson
5. Who is credited with leading the crusade to establish Thanksgiving Day?  
A. Sarah Ferguson  
B. Sarah Lee  
C. Sarah Josepha Hale





# America Recycles Day-November 15



To preserve America's majestic beauty, we must conserve our natural resources and practice responsible stewardship. On America Recycles Day, we reaffirm our commitment to conservation and recognize the increase in recycling in the last two decades.

Twenty-five years ago, only one community in the United States had a curbside recycling program. Today, more than 9,000 communities have curbside collection, and many others provide drop-off centers or cooperative collection facilities. Businesses and communities are boosting recycling collection efforts, and companies are using new technologies and methods to manufacture products more efficiently. Manufacturers, retailers, and governmental and non-governmental organizations are engaging in voluntary product stewardship partnerships to reduce waste. Industries are also discovering ways to reduce waste and cost, cut pollution and greenhouse gas emissions, and conserve energy and water.

Many of the products used every day, including aluminum cans, appliances, office paper, cardboard boxes, furniture, and clothing contain recycled materials. We also recycle motor oil, tires, plastic, glass, batteries, and building materials, and we are developing new ways to recycle electronic products -- the fastest growing portion of America's municipal waste.

On America Recycles Day, it is encouraged that individuals, businesses, communities, and government continue to work together as good stewards of America's resources. By using our resources wisely, we help build a stronger economy and a healthier future.



**REMEMBER**

**VOLUNTERS NEEDED FOR SPECIAL OLYMPICS VIRGINIA  
ALPINE SKING CHAMPIONSHIPS  
JANUARY 23 —24, 2006  
WINTERGREEN, VIRGINIA  
POC: MAJ Ramsey, TSgt Bey or Ms. Lynn at JFHQ VAHR-EEO  
Ft Pickett, Bldg. 316, 434-298-6156/DSN: 438-6156**

**REMEMBER**

### *Book of the Month*

#### **The Trail of Tears By Joseph Bruchac**

October 1, 1838

John Ross, the chief of the great Cherokee Nation, is looking at his home for the last time. All around him, people are loading wagons for the long journey west. The Cherokee people do not want to leave their land, but they have no choice. Today is their first day on the Trail of Tears.

( If you are interested you can borrow this book from the EEO Office.)

### *Quote for the Month:*

"In the middle of difficulty lies opportunity."  
--Albert Einstein

### **Answers to Quiz:**

- 1. C
- 2. A
- 3. B
- 4. A
- 5. C

### *EAP-Employee Assistance Program*

Assistance is provided under EAP for a wide variety of personal concerns. This service seeks to help technicians define problems and identifies problem-solving resources.  
**1-800-223-2515**

### *UPCOMING EVENTS*

**Native American Heritage Program  
Theme: "Strengthening The Spirit  
of Our Nation"  
November 16, 2005  
@ 1030 hours**