



EEO REVIEW



J A N U A R Y 2 0 0 6

MESSAGE FROM THE SEEM

A NEW YEAR TO SHARE

It's time for new beginnings and putting old things away. Deciding which things to throw out and which things that can still stay. Resolving not to have resolutions, yet to have a more prosperous new year, by doing the things that are healthy and maintaining an aura of 'good cheer'. By striving towards your "calling" and helping others along the way. Achieving the ultimate success, by sharing and growing each day. This new opportunity for changes isn't only about me and you, it's about touching those around us, turning some gray skies to blue. So set your goals on things worthy of your concentration and care, not just on accomplishing the goal, but on the people whose journey you share. So sit back, relax, take a deep cleansing breath, and refocus your challenged mind. It's not about increasing your worries, but sharing your love with mankind.

Happy New Year and Happy New You!

National Mentoring Month

A Proclamation by the president of the United States.

National Mentoring Month (NMM) highlights mentoring and the positive impact it can have on young lives. Spearheaded by the Harvard Mentoring Project and MENTOR, the first-ever NMM was held in January 2002. This month-long outreach campaign focuses national attention on the need for mentors, as well as how each of us – individuals, businesses, government agencies, schools, faith communities and nonprofits – can work together to increase the number of mentors and assure brighter futures for our young people.

For more information or to find out how you can become a mentor please visit www.mentoring.org

Dr. Martin Luther King Jr. Day January 15, 2006

The Road to the King Holiday

Important dates associated with the MLK, Jr. holiday observance:

(This timeline is not meant to be comprehensive.)

April 8, 1968 : Rep. John Conyers, D-Mich, submits the first legislation proposing King's birthday as a holiday, four days after King was assassinated.

Jan. 15, 1969: About 1200 automotive-plant workers in North Tarrytown, NY, stay home from work in observance of King's birthday. Sixty were suspended and others threatened with disciplinary action.

Mar. 25, 1970: Conyers and Rep. Shirley Chisolm, D-NY, announce hearings to study holiday issue after petitions carrying 6 million signatures are submitted to Congress.

Apr. 10, 1970: California passes legislation making King's birthday a school holiday, first state to do so.

Jul. 15, 1970: Seattle School Board designates King's birthday a school holiday starting in 1971. Also, state Rep George Fleming begins hearings to make the date a legal state holiday.

January 1981: In two incidents, six workers are fired from Seattle's Todd Shipyards after distributing leaflets to support the holiday.

Aug. 2, 1983: House of Representatives approves legislation, 338-90, making birthday a national legal holiday the third Monday in January beginning in 1986.

Oct. 19, 1983: Senate, defying efforts by Sen. Jesse Helms, R-NC, to sidetrack legislation, approves measure 78-22.

Nov. 2, 1983: Legislation for national holiday signed by President Ronald Reagan.

Feb. 24, 1984: Washington State Legislature approves state school holiday.

Sep. 11, 1984: Seattle City Council makes third Monday in January a holiday for city employees to mark King's birthday.

Jan. 20, 1986: First observance of birthday as a legal holiday nationwide.

Test your knowledge about civil rights:

1. Where did Rosa Parks become famous?
 - A. At a high school in Little Rock, Arkansas
 - B. On a bus in Montgomery, Alabama
 - C. On a march in Selma, Alabama
2. Which president signed the first major civil rights act of this century?
 - A. Lyndon B. Johnson
 - B. Richard M. Nixon
 - C. Ronald Regan
3. What was the name of Dr. King's first book?
 - A. We Shall Overcome
 - B. Dreamer
 - C. Stride Toward Freedom
4. Where was the tactic of the sit-in protest used?
 - A. On a bus in Birmingham, Alabama
 - B. At a Woolworth's lunch counter in Greensboro, North Carolina
 - C. On a march in Selma, Alabama
5. Where did Dr. King deliver his "I Have a Dream" speech?
 - A. At the Nobel Prize ceremony
 - B. At the Lincoln Memorial
 - C. In front of the Atlanta City Hall
6. What foreign figure has Dr. King been compared to?
 - A. Mohandas Gandhi
 - B. Nelson Mandela
 - C. Charles de Gaulle
7. What year was the Dr. Martin Luther King Jr. national holiday first observed?
 - A. 1973
 - B. 1980
 - C. 1986
8. Why was Dr. King arrested in 1956?
 - A. Driving too fast
 - B. Protesting segregated department store facilities in Birmingham
 - C. Assaulting a police officer

National Blood Donor Month January 2006

Blood is traditionally in short supply during the winter months due to the holidays, travel schedules, inclement weather and illness. January, in particular, is a difficult month for blood centers to collect blood donations. Every day in our country, approximately 38,000 units of blood are required in hospitals and emergency treatment facilities for patients with cancer and other diseases, for organ transplant recipients, and to help save the lives of accident victims. Celebrate this month by donating blood and encouraging others to do so as well.

For more information or to find a facility near you visit www.aabb.org.

Thank you for your support!

We currently have
over 30 Team Virginia
volunteers for the
Virginia Special Olympics
-Winter Games.

GREAT JOB!

Book of the Month

Stride Toward Freedom
-by Dr. Martin Luther King Jr.

Chronicles the Montgomery, Alabama bus boycott sparked by Mrs. Rosa Park's refusal to give up her seat to a white male, describing the plans and problems of a nonviolent campaign, reprisals by the white community, and the eventual attainment of desegregated city bus service.

Quote of the Month

"The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy."

- Dr. Martin Luther King Jr.



New Year Traditions Around the World



New Year's Eve is a time for fun and festivities. We see out the old year and ring in the new. New Years' Day on the other hand, is a time to relax and enjoy the start of a bright and promising new year....a new beginning. It is a time to be with family. So, enjoy everything about New Year's....it only comes once a year.

Interesting Fact : "For many Americans, the ball dropping at Times Square in New York City signals the start of the new year in this country. The ball was first dropped in 1908."

French New Year *(Jour des Etrennes)*

In France Dinner Parties are thrown for the entire family. People exchange presents and greeting cards.

Chinese New Year *(Yuan Tan)*

This takes place between January 21st and February 20th. There are street parades where thousands of people line the streets to watch the procession of floats in the New Year parade. Dancing dragons are a huge part of this celebration inside the costume are 50 dancers twisting and turning. The dragon is associated with longevity and wealth.

German New Year *(Prosit Neujahr)*

Here people drop molten lead into cold water and try to tell the future from the shape it made. A heart or ring shape means a wedding, a ship means a journey, and a pig means plenty of food in the year ahead. People also leave a bit of every food eaten on New Year's Eve on their plate until after Midnight as a way of ensuring a well-stocked larder (pantry).

Russian New Year *(S Novim Godom)*

Here Santa is replaced with Grandfather Frost. He looks much like Santa but arrives on New Years Eve with his bag of toys. He wears blue instead of red. Father Frost can Punish any evil doer by freezing them. Often children dance around the tree, tell rhymes to Father Frost then receive their presents.

Answers to Quiz:

1. **B.** Rosa Parks arrest Dec.1,1955 lead to a yearlong boycott aimed to desegregate the bus system.
2. **A.** Lyndon Johnson signed the Civil Rights Act of 1964 on July 2 that year.
3. **C.** Dr. King was only 29 years old when it was published.
4. **B.** The 1960 protest was one of the key moments in the civil-rights movement.
5. **B.** Dr. King addressed a quarter-million people who turned out for the 1963 March on Washington.
6. **A.** Dr. King admired Gandhi greatly, and traveled to India in 1959.
7. **C.** The first legislation for the holiday had been proposed almost 18 years earlier.
8. **A.** Dr. King was driving 30 mph in a 25 mph zone.

EAP-Employee Assistance Program

Assistance is provided under EAP for a wide variety of personal concerns. This service seeks to help technicians define problems and identifies problem-solving resources.

1-800-223-2515

UPCOMING EVENTS

**African American History
Program
Thursday, February 16, 2006
@ Fort Pickett Officer Club**

**Women's History Luncheon
Wednesday, March 29, 2006
@ Fort Lee**

This publication will be distributed on a monthly basis. If you have any questions or comments please call MAJ Ramsey @ 434-298-6229/DSN 438-6229 .
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WOMEN'S HISTORY MONTH MARCH 2006

Theme—Women: Builders of Communities and Dreams

Come and join EEO as we celebrate, honor, and continue the tradition of *Women's History Month* with a tour of the United States Army's Women's Museum at Ft Lee and afterwards enjoy a sit down luncheon at the Ft Lee Regimental Club, Virginia.

When: 29 March 2006 — Time: Museum Tour starts at 11:00 am (Bus departs Ft Pickett at 1000/Bus departs Sandston at 1000)

Cost for Lunch: \$10.00 per person— (Buses will depart Ft Lee no later than 1330)

Select your choice of Baked Chicken or Beef Tips served with Seasoned Vegetables, Oven Roasted Potatoes with Tossed Salad, Hot Rolls and Butter, Coffee/Tea and desert.



Brigadier General Clara L. Adams-Ender—Army Nurse Corps; Sept 1987 promoted to Brigadier General and appointed Chief of the Army Nurse Corps.

The museum features Women of the Army in the Past, Present and the Future!



Dr. Mary Walker—Civil War Union Army Contract Surgeon—only woman ever granted the Medal of Honor.



Jacqueline Cochran 1910-1980, Pioneer Aviator, Women's Army Service Pilots (WASP) Director in WWII.

To purchase your ticket or additional information, contact: TSgt Ann Bey at DSN: 438-6156/434-298-6156, Ft Pickett or Ms. Amanda Lynn at DSN: 438-6463/434-298-6463 to reserve your seat now. All tickets must be purchased by March 12, 2006.

Door Prizes!!!!

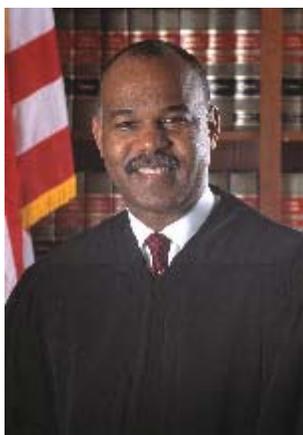


African American Heritage Program

“ Reaching out to Youth: A Strategy for Excellence”



Guest Speaker:
Judge Roger Gregory



**Fort Pickett Officers Club
February 16, 2006
1030-1130**

Food Tasting immediately following the program.



Cultural Presentation:
African Dancers

Hosted By JFHQ VAHR EEO

